

JESUS – THE REST-GIVER

Rest has less to do with the level of activity than it does the condition of the heart.

AT HOME WITH JESUS - a focal point

Moses could build a house for God with gold and animal skins. But only God could build a house with people.

WHAT STANDS IN THE WAY - The Obstacles

The hardened heart begins with anger, pride, and unmet expectations.

The unbelieving heart often grows out of the hardened heart.

The cure for the isolated heart is encouraging one another: frequently, intentionally, purposefully, and proactively.

THE DANGER OF FALLING SHORT

God's rest is not earned by activity, it is granted with belief.

God's time is not set by the clock, it is set by the condition. It frees us from the tyranny of works.

The means by which God offers rest is not just a book, it is embodied in a person - Jesus Christ.

Did you hear anything that makes you really glad you came? If so, what was it? Why not pass the blessing you received to someone else?

Small Group Homework - Week of January 31, 2016

The theme that Jim started out with this week was fix your thoughts on Jesus. This follows on the statement that Jesus is able to help us when we are being tempted. What are the things that you tend to fixate on in temptation or trial besides Jesus?

1. Hebrews 3:6 doesn't say that believers are *in* the house of God, it says they *are* the house of God. Draw out two or three personal statements about what your response to *being* the house of God.
2. Instead of having a sinful, unbelieving heart, we are told to encourage one another daily. Relate a story when a Christian friend really encouraged you at just the right moment. How did that affect you?

3. Hebrews 4:1 says we should be careful not to fall short of God's rest. Think back on the sermon. How would you define entering into God's rest? (see also 4:3, 9-10)
4. When are the times or situations in your life that you tend to *feel like* you may not have entered into that rest?
5. As you look at verses 4:12-13, do you feel affirmed or intimidated? How does your answer related to entering into God's rest?

Prayer Requests: