# TRANSFORMED: FROM BONDAGE TO FREEDOM John 5:1-18

"He [Christ] died for me. He made His righteousness mine and made my sin His own; and if He made my sin His own, then I do not have it, and I am free. "

-Martin Luther

John 5:1-5 Jesus is seeking out every person in bondage.

John 5:6-9a Jesus replaces our hope with His by challenging our inability.

ohn 5:9b-15 Bondage returns when Christ is overlooked, bu reedom is enjoyed as we worship.
ohn 5:16-18 We are now free to worship Christ by enjoying
vhat He is doing and who He is.

### Small Group Homework

## Getting to Know You

1. What is your favorite family recipe?

#### Into the Bible

2. A lot of the early controversy in Jesus's ministry was about the Sabbath day. Read the actual law as God gave it to Israel in Exodus 20:8-11. Do you think God intended to forbid the things that the Pharisees called work (Mark 1:21, Mark 2:23, Mark 3:2, John 5:10)? Why or why not?

3. The Law of Last Mention for Biblical interpretation says that the last time the Bible treats a topic is often especially important. The last mention of the Sabbath is in Hebrews 4:8-10. "Rests from their works," in verse 10, seems to mean the work of saving ourselves. How is the story of the healing of the paralytic an object lesson of this spiritual truth?

## **Application**

4. In what areas of your life are you still working to save yourself? What will you do this week to overcome this temptation? How do you balance letting go with the exhortation in Hebrews 4:11 to strive to enter that rest?

5. The Pharisees couldn't rejoice in the man's healing because they were in bondage to their belief system. Do you get excited when God does a miracle for someone else that he's never done for you? Or are there areas where you still behave like a Pharisee?